

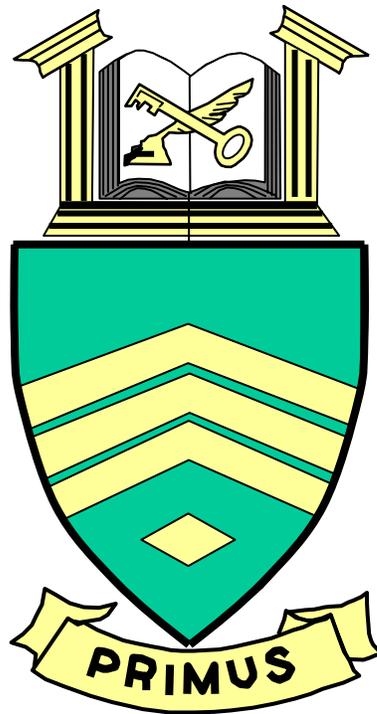
U.S. ARMY SERGEANTS MAJOR ACADEMY (FSC-TATS)

L653

JUN 06

MILITARY APPEARANCE

PRERESIDENT TRAINING SUPPORT PACKAGE



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PRERESIDENT TRAINING SUPPORT PACKAGE (TSP)

TSP Number / Title	L653 / MILITARY APPEARANCE
Effective Date	01 Jun 2006
Supersedes TSP(s) / Lesson(s)	L653, Military Appearance, Jun 04
TSP Users	521-SQIM (DL), First Sergeant Course
Proponent	The proponent for this document is the Sergeants Major Academy.
Improvement Comments	<p>Users are invited to send comments and suggested improvements on DA Form 2028, <i>Recommended Changes to Publications and Blank Forms</i>. Completed forms, or equivalent response, will be mailed or attached to electronic e-mail and transmitted to:</p> <p>COMDT USASMA ATTN ATSS DCF BLDG 11291 BIGGS FIELD FORT BLISS TX 79918-8002</p> <p>Telephone (Comm) (915) 568-8875 Telephone (DSN) 978-8875</p> <p>E-mail: atss-dcd@bliss.army.mil</p>
Security Clearance / Access	Unclassified
Foreign Disclosure Restrictions	FD5. This product/publication has been reviewed by the product developers in coordination with the USASMA foreign disclosure authority. This product is releasable to students from all requesting foreign countries without restrictions.

PREFACE

Purpose

This Training Support Package provides the student with a standardized lesson plan for presenting instruction for:

Task Number

Task Title

071-990-0006

Conduct Drill and Ceremonies

**This TSP
Contains**

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**MILITARY APPEARANCE
L653 / Version 1
01 Jun 2004**

SECTION I. ADMINISTRATIVE DATA

All Courses Including This Lesson	<u>Course Number</u>	<u>Version</u>	<u>Course Title</u>
	521-SQIM (DL)	1	First Sergeant Course

Task(s) Taught(*) or Supported	<u>Task Number</u>	<u>Task Title</u>
	071-990-0006	Conduct Drill and Ceremonies

Reinforced Task(s)	<u>Task Number</u>	<u>Task Title</u>
	None	

Academic Hours	The academic hours required to teach this lesson are as follows:		
		<u>Distance Learning Hours/Methods</u>	
		1 hr	/Study Assignment
	Test	0 hrs	
	Test Review	0 hrs	
	Total Hours:	1 hr	

Test Lesson Number	<u>Hours</u>	<u>Lesson No.</u>
	Testing (to include test review) 3 hrs	E651 version 1

Prerequisite Lesson(s)	<u>Lesson Number</u>	<u>Lesson Title</u>
	None	

Clearance Access	Security Level: Unclassified
	Requirements: There are no clearance or access requirements for the lesson.

Foreign Disclosure Restrictions	FD5. This product/publication has been reviewed by the product developers in coordination with the USASMA foreign disclosure authority. This product is releasable to students from all requesting foreign countries without restrictions.
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References	<u>Number</u>	<u>Title</u>	<u>Date</u>	<u>Additional Information</u>
	AR 600-20	ARMY COMMAND POLICY	1 Feb 2006	
	AR 670-1	WEAR AND APPEARANCE OF ARMY UNIFORMS AND INSIGNIA	03 Feb 2005	

Student Study Assignments	<ul style="list-style-type: none"> Read SH-1 and SH-2.
----------------------------------	---

Instructor RequirementsNone

Additional Support Personnel Requirements

<u>Name</u>	<u>Stu Ratio</u>	<u>Qty</u>	<u>Man Hours</u>
1SG, FSC graduate, ITC and SGITC qualified	1:14	1	1.0

Equipment Required for Instruction

<u>Id Name</u>	<u>Stu Ratio</u>	<u>Instr Ratio</u>	<u>Spt</u>	<u>Qty</u>	<u>Exp</u>
None					

* Before Id indicates a TADSS

Materials Required**Instructor Materials:**

None.

Student Materials:

- L653.
 - Pen or pencil and writing paper.
-

Classroom, Training Area, and Range RequirementsNone

Ammunition Requirements

<u>Id</u>	<u>Name</u>	<u>Exp</u>	<u>Stu Ratio</u>	<u>Instr Ratio</u>	<u>Spt Qty</u>
None					

None

Instructional GuidanceNone

**Proponent
Lesson Plan
Approvals**

<u>Name</u>	<u>Rank</u>	<u>Position</u>	<u>Date</u>
Mcnaair, Patricia	CIV	Training Specialist	
Smith, Sandra .	SGM	Chief Instructor, FSC	
Estrada, Manuel	MSG	USASMA, CI	
Salcido, Benjamin	SGM	Chief, FSC	
Todd, Raymond L.	SGM	Chief, Functional Courses	
Bennett-Green, Agnes D	SGM	Chief, CDDD	

SECTION II. INTRODUCTION

Method of Instruction: <u>Study Assignment</u>
Technique of Delivery: <u>Individualized, self-paced Instruction</u>
Instructor to Student Ratio is: <u>1:14</u>
Time of Instruction: <u>5 mins</u>
Media: <u>None</u>

Motivator The Army is a uniformed service. A neat and well-groomed appearance by soldiers is fundamental to the Army and contributes to building pride and esprit de corps. Part of your responsibility as a leader is to ensure that military personnel present a neat, soldierly appearance. The reading assignment in this lesson will reinforce your knowledge of the standards and regulatory requirements related to military appearance and help you perform your duties.

Terminal Learning Objective At the completion of this lesson, you [the student] will:

Action:	Identify the standards of military appearance.
Conditions:	As a first sergeant in a self-study environment given extracted material from AR 600-20 (SH-1) and AR 670-1 (SH-2).
Standards:	Identified the standards of military appearance IAW AR 600-20 (SH-1) and AR 670-1 (SH-2).

Safety Requirements None

Risk Assessment Level Low

Environmental Considerations **NOTE:** It is the responsibility of all soldiers and DA civilians to protect the environment from damage.

None

Evaluation At the end of your phase I training and before entering phase II, you will take an on-line, multiple choice examination. It will test your comprehension of the learning objectives from this and other lessons in phase I. You must correctly answer 70 percent or more of the questions on the examination to receive a GO. Failure to achieve a GO on the examination will result in a retest. Failure on the retest could result in your dismissal from the course.

Instructional Lead-In NONE

SECTION III. PRESENTATION

A. ENABLING LEARNING OBJECTIVE

ACTION:	Identify the effect military discipline has on military appearance.
CONDITIONS:	As a first sergeant in a self-study environment given extracted material from AR 600-20 (SH-1).
STANDARDS:	Identified the effect military discipline has on military appearance IAW AR 600-20 (SH-1).

1. Learning Step / Activity 1. The effect military discipline has on military appearance

Method of Instruction: Study Assignment
Technique of Delivery: Individualized, self-paced Instruction
Instructor to Student Ratio: 1:14
Time of Instruction: 10 mins
Media: None

To complete this learning step activity, you are to--

- Read the above ELO.
- Study AR 600-20, para 4-1, (SH-1), Appendix D.
- Complete Question 1, p C-2, without referring to the student handout.
- Compare your response with the solution on p C-5 for Practical Exercise 1.
- If your responses do not agree, review the appropriate reference/lesson material.

B. ENABLING LEARNING OBJECTIVE

ACTION:	Identify the general grooming policies.
CONDITIONS:	As a first sergeant in a self-study environment given extracted material from AR 670-1 (SH-2).
STANDARDS:	Identified the general grooming policies IAW AR 670-1 (SH-2).

1. Learning Step / Activity 1. General grooming policies

Method of Instruction: Study Assignment
Technique of Delivery: Individualized, self-paced Instruction
Instructor to Student Ratio: 1:14
Time of Instruction: 15 mins
Media: None

To complete this learning step activity, you are to--

- Read the above ELO.
- Study AR 670-1, chap 1, (SH-2), Appendix D.
- Complete Questions 2 and 3, p C-2, without referring to the student handout.
- Compare your response with the solution on p C-5 for Practical Exercise 1.
- If your responses do not agree, review the appropriate reference/lesson material.

C. ENABLING LEARNING OBJECTIVE

ACTION:	Identify the general guidelines for military appearance.
CONDITIONS:	As a first sergeant in a self-study environment given extracted material from AR 670-1 (SH-2).
STANDARDS:	Identified the general guidelines for military appearance IAW AR 670-1 (SH-2).

1. Learning Step / Activity 1. General guidelines for military appearance

Method of Instruction: Study Assignment
Technique of Delivery: Individualized, self-paced Instruction
Instructor to Student Ratio: 1:14
Time of Instruction: 15 mins
Media: None

To complete this learning step activity, you are to--

- Read the above ELO.
- Study AR 670-1, chap 1, (SH-2), Appendix D.
- Complete Questions 4 thru 11, pp C-2 thru C-4, without referring to the student handout.
- Compare your response with the solution on p C-5 for Practical Exercise 1.
- If your responses do not agree, review the appropriate reference/lesson material.

SECTION IV. SUMMARY

Method of Instruction: <u>Study Assignment</u>
Technique of Delivery: <u>Individualized, self-paced Instruction</u>
Instructor to Student Ratio is: <u>1:14</u>
Time of Instruction: <u>5 mins</u>
Media: <u>None</u>

Check on Learning

The practical exercise serves as the check on learning for this lesson.

Review / Summarize Lesson

You constantly need to reinforce the guidance outlined in the uniform regulation to ensure personnel within your unit continuously present a proper military appearance. Accomplishing this requires your direct supervision and concise knowledge of how to properly wear the uniform. Your attention to detail in this area will enhance the appearance of personnel within your unit.

SECTION V. STUDENT EVALUATION

**Testing
Requirements**

At the end of your phase I training and before entering phase II, you will take an on-line, multiple choice examination. It will test your comprehension of the learning objectives from this and other lessons in phase I. You must correctly answer 70 percent or more of the questions on the examination to receive a GO. Failure to achieve a GO on the examination will result in a retest. Failure on the retest could result in your dismissal from the course.

**Feedback
Requirements**

NOTE: Feedback is essential to effective learning. Please complete the student questionnaire and mail to USASMA.

Complete the following blocks:

- Enter your name, your rank, and the date you complete this questionnaire.

Name:

Rank:

Date:

- Answer items 1 through 6 below in the space provided.
- Fold the questionnaire so the address for USASMA is visible.
- Print your return address, add postage, and mail.

NOTE: Your response to this questionnaire will assist the Academy in refining and improving the course. When completing the questionnaire, answer each question frankly. Your assistance helps build and maintain the best Academy curriculum possible.

Item 1:

Do you feel you have met the learning objectives of this lesson?

Item 2:

Was the material covered in this lesson new to you?

Item 3:

Which parts of this lesson were most helpful to you in the learning objectives?

Item 4:

How could we improve the format of this lesson?

Item 5:

How could we improve the content of this lesson?

Item 6:

Do you have additional questions or comments? If you do, please list them here. You may add additional pages if necessary

ATTN ATSS CDD FSC TATS
COMDT USASMA
BLDG 11291 BIGGS FLD
FT. BLISS, TX 79918-8002

Appendix A - Viewgraph Masters (N/A)

Appendix B - Test(s) and Test Solution(s) (N/A)

Appendix C
PRACTICAL EXERCISE 1

Title	MILITARY APPEARANCE						
Lesson Number / Title	L653 version 1 / MILITARY APPEARANCE						
Introduction	Complete the following questions <u>without</u> using the Student Handouts. Circle the correct answer.						
Motivator	None						
Terminal Learning Objective	At the completion of this lesson, you [the student] will:						
	<table border="1"> <tr> <td>Action:</td> <td>Identify the standards of military appearance.</td> </tr> <tr> <td>Conditions:</td> <td>As a first sergeant in a self-study environment given extracted material from AR 600-20 (SH-1) and AR 670-1 (SH-2).</td> </tr> <tr> <td>Standards:</td> <td>Identified the standards of military appearance IAW AR 600-20 (SH-1) and AR 670-1 (SH-2).</td> </tr> </table>	Action:	Identify the standards of military appearance.	Conditions:	As a first sergeant in a self-study environment given extracted material from AR 600-20 (SH-1) and AR 670-1 (SH-2).	Standards:	Identified the standards of military appearance IAW AR 600-20 (SH-1) and AR 670-1 (SH-2).
Action:	Identify the standards of military appearance.						
Conditions:	As a first sergeant in a self-study environment given extracted material from AR 600-20 (SH-1) and AR 670-1 (SH-2).						
Standards:	Identified the standards of military appearance IAW AR 600-20 (SH-1) and AR 670-1 (SH-2).						
Safety Requirements	None						
Risk Assessment	Low						
Environmental Considerations	None						
Evaluation	Check your responses to the situations with the solutions on pp C-4 and C-5. If your responses do not match the responses in the solution, you should study the appropriate references as indicated.						
Instructional Lead-In	None						
Resource Requirements	Instructor Materials: None Student Materials: <ul style="list-style-type: none"> • L653. • Pen or pencil and writing paper. 						
Special Instructions	This is a self-graded exercise. It should take you approximately 40 minutes to complete the PE.						

Procedures

Question 1: We often measure military discipline by a soldier's personal appearance. AR 600-20 states "It [discipline] is manifested in individuals and units by cohesion, bonding, and a spirit of team work; by; . . . (choose the correct statement):

- a. smartness of actions, attention to detail, and adherence to uniform policies . . .
- b. smartness of appearance and action; by cleanliness and maintenance of dress . . .
- c. proper conduct, discipline, and compliance of uniform regulatory guidance . . .
- d. proper wear of the uniform and maintaining good order and discipline . . .

Question 2: Specialist Alpha, a recently arrived female soldier, asks you about wearing of cosmetics in the unit. She recently observed other female soldiers who appear to be in violation of the regulation. You tell her that female soldiers may wear cosmetics --:

- a. if the cosmetics do not draw attention to the individual soldier.
- b. in accordance with local policy/guidance and traditions.
- c. if applied conservatively (as determined by the commander) and in good taste.
- d. if the cosmetics do not detract from the overall military appearance.

Question 3: PFC Tango, a female soldier in 3d platoon, wants to let her hair grow longer. She wants to know what the policy is regarding grooming of the hair. You tell her that:

- a. The length and bulk of her hair will not be excessive, present a ragged, unkempt, or extreme appearance. Also it will not fall over the eyebrows or extend below the bottom edge of the collar.
- b. She can wear her hair in a style that conforms to a natural hair style and color, and it must not interfere with the fit of a protective mask.
- c. She can wear it in a conservative style so as not to detract from a soldierly appearance.
- d. She must keep it short enough to fit under her BDU cap or helmet and not show an extreme, unsoldierly appearance.

Question 4: Sergeant Bravo wants to know what to do with his BDU cap when he takes it off. You tell him that he:

- a. must carry the headgear.
- b. can place the headgear in a side pocket on the BDU trousers.
- c. should place the headgear in the back, between the trousers and the belt, under the BDU jacket.
- d. may attach the headgear to a belt loop, under the BDU jacket.

Question 5: 2LT Zebra, Platoon Leader for the 2d platoon, wants to participate in a Volksmarch this weekend. The authorized attire for this outdoor function is:

- a. his class C uniform so he can represent the unit and present a proper military appearance to build esprit and heighten morale.
 - b. his class B uniform with his garrison cap and all of his authorized awards.
 - c. his civilian clothing if participating in the event or his service uniform if he will attend as a spectator only.
 - d. a combination of military and civilian items as long as they are in good taste and have the proper accouterments.
-

**Procedures,
continued**

Question 6: SGT Kilo is not quite sure how to brief two new female soldiers concerning the wear and appearance of earrings. You tell him that:

- a. they can wear screw-on, clip-on, or post-type earrings with the service, dress and mess uniforms, but not with the Class C uniforms.
- b. they can wear earrings only with civilian clothing, off duty.
- c. they can wear conservative style, 6mm or ¼ inch in diameter, or smaller size, with any authorized uniform.
- d. they can wear either gold, silver, pearl, or diamond style earrings with Class A, B, or C uniforms.

Question 7: PFC Azimuth, the company armorer, wants to know if he could wear the keys to the arms room attached to his belt or belt loop, along with his personal car keys? You tell him that:

- a. he can place his personal car keys on his belt, as long as they do not hang down below the bottom edge of his BDU jacket, but the arms room keys should be on a ring affixed to a block of wood to ensure he would not forget and take them home.
- b. he must not allow the keys (the arms room keys or his personal car keys) to be visible below the bottom edge of the BDU jacket.
- c. he can wear the arms room keys on his belt or belt loops but he cannot place his personal car keys on his belt or belt loops.
- d. he can only carry the arms room keys (in his hand). He can, however, wear his personal car keys on his belt or belt loops only with the Class C uniform.

Question 8: SFC Foxtrot bought a new uniform coat to wear for a DA Photo. He wants to know the proper sleeve length? You tell him that:

- a. he can measure the length by placing his arm perpendicular to the ground and marking a spot 2 to 2-1/2 inches from the wrist bone. This way when the arm is at his side, as in the position of attention, the sleeve will fall in the right place.
- b. he should have the length 1 inch below the bottom of the wrist bone.
- c. he can have the lower edge at the wrist bone, plus or minus a 1/2 inch.
- d. he should ensure that at least 1/2 inch of the long sleeve shirt shows when his arms are held at his sides.

Question 9: SSG Allarmy bought new utility uniforms and decided to dispose of his old, unserviceable, utility uniforms. He wants to know if he can just throw them in the dumpster/garbage since they're not worth selling. You tell him that:

- a. he can do whatever he wants with them since they're his.
 - b. he should cut off the buttons, cut the legs off the trousers, and cut the arms off the shirts prior to disposing of them.
 - c. he can tear or cut them so they are no longer fit to wear.
 - d. he will have to remove all distinctive items first.
-

**Procedures,
continued**

Question 10: SGT Hotel just bought a new pair of nonprescription sunglasses (red in color with a company logo imprinted on the bottom left corner of the lens) and he was wearing them in the morning work formation. You pull him aside and tell him that:

- a. he can wear them in formation only while wearing his service uniforms.
- b. he can wear them if they don't have the logo on the lens.
- c. he can wear conservative nonprescription sunglasses in a garrison environment except when in formation and while indoors.
- d. in order to wear them he should get a black marking pen and color over the logo so it isn't noticeable from a distance.

Question 11: Is the following quote from AR 670-1 stated correctly? Answer True or False. "The class B service uniform for women is the same as the class A except neither the service coat nor the maternity tunic is worn."

- a. True
- b. False

**Feedback
Requirements**

None

**SOLUTION FOR
PRACTICAL EXERCISE 1**

Question 1:

b. smartness of appearance and action; by cleanliness and maintenance of dress . . .

Ref: AR 600-20 (SH-1), p SH-1-1, para 4-1b, (ELO A)

Question 2:

c. if applied conservatively (as determined by the commander) and in good taste.

Ref: AR 670-1 (SH-2), p SH-2-6, para. 1-8b(1), (ELO B)

Question 3:

a. the length and bulk of her hair will not be excessive, present a ragged, unkempt, or extreme appearance. Also it will not fall over the eyebrows or extend below the bottom edge of the collar.

Ref: AR 670-1 (SH-2), p SH-2-5, para. 1-8a(3), (ELO B)

Question 4:

a. must carry the headgear.

Ref: AR 670-1 (SH-2), p SH-2-9, para 1-10k(4), (ELO C)

Question 5:

c. his civilian clothing if participating in the event or his service uniform if he will attend as a spectator only.

Ref: AR 670-1 (SH-2), p SH-2-9, para 1-10g, (ELO C)

Question 6:

a. they can wear screw-on, clip-on, or post-type earrings with the service, dress and mess uniforms, but not with the Class C uniforms.

Ref: AR 670-1 (SH-2), p SH-2-10, para 1-14d, (ELO C)

Question 7:

c. he can wear the arms room keys on his belt or belt loops but he cannot place his personal car keys on his belt or belt loops.

Ref: AR 670-1 (SH-2), SH-2-7, para 1-9a(2)(a)(b)(c), (ELO C)

Question 8:

b. he should have the length 1 inch below the bottom of the wrist bone.

Ref: AR 670-1 (SH-2), p SH-2-8, para. 1-9b(2), (ELO C)

Question 9:

d. he will have to remove all distinctive items first.

Ref: AR 670-1 (SH-2), p SH-2-10, para 1-12b, (ELO C)

Question 10:

c. he can wear conservative nonprescription sunglasses in a garrison environment except when in formation and while indoors.

Ref: AR 670-1 (SH-2) p SH-2-10, para 1-15a(2), (ELO C)

Question 11:

a. True

Ref: AR 670-1 (SH-2), p SH-2-3, para 1-6d, (ELO C)

Appendix D

This appendix contains the items listed in this table--

Title/Synopsis	Pages
SH-1, Extracted Material from AR 600-20, Army Command Policy.	SH-1-1
SH-2, Extracted Material from AR 670-1, Wear and Appearance of Army Uniforms and Insignia.	SH-2-1 thru SH-2-11

Chapter 4

Military Discipline and Conduct

4-1. Military discipline

a. Military discipline is founded upon self-discipline, respect for properly constituted authority, and the embracing of the professional Army ethic with its supporting individual values. Military discipline will be developed by individual and group training to create a mental attitude resulting in proper conduct and prompt obedience to lawful military authority.

b. While military discipline is the result of effective training, it is affected by every feature of military life. It is manifested in individuals and units by cohesion, bonding, and a spirit of teamwork; by smartness of appearance and action; by cleanliness and maintenance of dress, equipment, and quarters; by deference to seniors and mutual respect between senior and subordinate personnel; by the prompt and willing execution of both the letter and the spirit of the legal orders of their lawful commanders; and by fairness, justice, and equity for all soldiers, regardless of race, religion, color, gender, and national origin.

c. Commanders and other leaders will maintain discipline according to the policies of this chapter, applicable laws and regulations, and the orders of seniors.

Student Handout 2

Extracted Material from AR 670-1

This student handout contains 10 pages of extracted material from the following publication:

AR 670-1, Wear and Appearance of Army Uniforms and Insignia, 3 Feb 05

Chapter 1

SH 2-2 thru SH 2-11

Disclaimer: The developer downloaded the text in this student handout from the U.S. Army Publishing Directorate Home Page. The text may contain passive voice, misspellings, grammatical errors, etc., and may not conform to the Army Writing Style Program.

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Part One
General Information and Responsibilities
Chapter 1
Introduction

1-1. Purpose

This regulation prescribes the authorization for wear, composition, and classification of uniforms, and the occasions for wearing all personal (clothing bag issue), optional, and commonly worn organizational Army uniforms. It also prescribes the awards, insignia, and accouterments authorized for wear on the uniform, and how these items are worn.

General information is also provided on the authorized material, design, and uniform quality control system.

1-2. References

Required and related publications are listed in appendix A.

1-3. Explanation of abbreviations and terms

Abbreviations and special terms used in this regulation are explained in the glossary.

1-4. General

a. Only uniforms, accessories, and insignia prescribed in this regulation or in the common tables of allowance (CTA), or as approved by Headquarters, Department of the Army (HQDA), will be worn by personnel in the U.S. Army. Unless specified in this regulation, the commander issuing the clothing and equipment will establish wear policies for organizational clothing and equipment. No item governed by this regulation will be altered in any way that changes the basic design or the intended concept of fit as described in TM 10-227 and AR 700-84, including plating, smoothing, or removing detail features of metal items, or otherwise altering the color or appearance. All illustrations in this regulation should coincide with the text. The written description will control any inconsistencies between the text and the illustration.

b. AR 70-1 prescribes Department of the Army (DA) policies, responsibilities, and administrative procedures by which all clothing and individual equipment used by Army personnel are initiated, designed, developed, tested, approved, fielded, and modified.

c. AR 385-10 prescribes DA policies, responsibilities, and administrative procedures and funding for protective clothing and equipment.

d. In accordance with chapter 45, section 771, title 10, United States Code (10 USC 771), no person except a member of the U.S. Army may wear the uniform, or a distinctive part of the uniform of the U.S. Army unless otherwise authorized by law. Additionally, no person except a member of the U.S. Army may wear a uniform, any part of which is similar to a distinctive part of the U.S. Army uniform. This includes the distinctive uniforms and uniform items listed in paragraph 1-12 of this regulation. Further, soldiers are not authorized to wear distinctive uniforms or uniform items of the U.S. Army or of other U.S. Services with, or on civilian clothes, except as provided in chapters 27 through 30 of this regulation.

1-5. How to recommend changes to Army uniforms

a. Army Ideas For Excellence Program (AIEP). If a major Army command (MACOM) recommends approval of an AIEP suggestion, the recommendation will be forwarded to the Project Manager-Soldier Systems (SEQ), Bldg. 328, 5901 Putnam Road, Fort Belvoir, VA 22060-5852, for consideration. Each suggestion forwarded to the project manager will reflect the MACOM position; contain all appropriate supporting documentation; and be signed by the commander, deputy commander, chief of staff, or comparable level official. Suggestions not recommended for adoption at any level will not be forwarded to PM-Soldier. Suggestions forwarded without a MACOM position will be returned to the MACOM for action.

b. General comments and suggestions. Comments and suggestions regarding the policy, criteria, and administrative instructions concerning individual military decorations, the Good Conduct Medal, service medals and service ribbons, combat and special skill badges and tabs, and unit decorations will be processed in accordance with AR 600-8-22.

1-6. Classification of service and utility or field uniforms

a. The male class A service uniform consists of the Army green (AG) coat and trousers, a short- or long-sleeved AG shade 415 shirt with a black four-in-hand tie, and other authorized accessories.

b. The male class B service uniform is the same as class A, except the service coat is not worn. The black four-in hand tie is required with the long-sleeved AG shade 415 shirt when the long-sleeved shirt is worn without the class A coat, as an outer garment; the tie is optional with the short-sleeved shirt.

c. The female class A service uniform consists of the Army green coat and skirt or slacks, a short- or long-sleeved AG shade 415 shirt with a black neck tab, and other authorized accessories. The Army green maternity uniform (slacks or skirt) is also classified as a class A service uniform when the tunic is worn. When the tunic is worn,

females will wear the neck tab with both the short- and long-sleeved maternity shirts.

d. The female class B service uniform is the same as the class A, except that neither the service coat nor the maternity tunic are worn. The black neck tab is required only when wearing the long-sleeved AG shade 415 shirt or the long-sleeved maternity shirt without the class A coat or tunic; the neck tab is optional with the short-sleeved version of both shirts.

e. Class C uniforms are the utility, field, hospital duty, food service, and other organizational uniforms.

f. See the table of prescribed dress in appendix B.

1-7. Personal appearance policies

a. General. The Army is a uniformed service where discipline is judged, in part, by the manner in which a soldier wears a prescribed uniform, as well as by the individual's personal appearance. Therefore, a neat and well-groomed appearance by all soldiers is fundamental to the Army and contributes to building the pride and esprit essential to an effective military force. A vital ingredient of the Army's strength and military effectiveness is the pride and selfdiscipline that American soldiers bring to their Service through a conservative military image. It is the responsibility of commanders to ensure that military personnel under their command present a neat and soldierly appearance. Therefore, in the absence of specific procedures or guidelines, commanders must determine a soldier's compliance with standards in this regulation. Soldiers must take pride in their appearance at all times, in or out of uniform, on and off duty. Pride in appearance includes soldiers' physical fitness and adherence to acceptable weight standards, in accordance with AR 600-9.

b. Exceptions to appearance standards based on religious practices.

(1) As provided by AR 600-20, paragraph 5-6, and subject to temporary revocation because of health, safety, or mission requirements, the following applies to the wear of religious apparel, articles, or jewelry. The term "religious apparel" is defined as articles of clothing worn as part of the observance of the religious faith practiced by the soldier. Religious articles include, but are not limited to, medallions, small booklets, pictures, or copies of religious symbols or writing carried by the individual in wallets or pockets. Except as noted below, personnel may not wear religious items if they do not meet the standards of this regulation, and requests for accommodation will not be entertained (see AR 600-20, para 5-6g(2)(d)).

(a) Soldiers may wear religious apparel, articles, or jewelry with the uniform, to include the physical fitness uniform, if they are neat, conservative, and discreet. "Neat conservative, and discreet" is defined as meeting the uniform criteria of this regulation. In other words, when religious jewelry is worn, the uniform must meet the same standards of wear as if the religious jewelry were not worn. For example, a religious item worn on a chain may not be visible when worn with the utility, service, dress, or mess uniforms. When worn with the physical fitness uniform, the item should be no more visible than identification (ID) tags would be in the same uniform. The width of chains worn with religious items should be approximately the same size as the width of the ID tag chain.

(b) Soldiers may not wear these items when doing so would interfere with the performance of their duties or present a safety concern. Soldiers may not be prohibited, however, from wearing religious apparel, articles, or jewelry meeting the criteria of this regulation simply because they are religious in nature, if wear is permitted of similar items of a nonreligious nature. A specific example would be wearing a ring with a religious symbol. If the ring meets the uniform standards for jewelry and is not worn in a work area where rings are prohibited because of safety concerns, then wear is allowed and may not be prohibited simply because the ring bears a religious symbol.

(c) During a worship service, rite, or ritual, soldiers may wear visible or apparent religious articles, symbols, jewelry, and apparel that do not meet normal uniform standards. Commanders, however, may place reasonable limits on the wear of non-subdued items of religious apparel during worship services, rites, or rituals conducted in the field for operational or safety reasons. When soldiers in uniform wear visible religious articles on such occasions, they must ensure that these articles are not permanently affixed or appended to any prescribed article of the uniform.

(d) Chaplains may wear religious attire as described in this regulation, CTA 50-909, and AR 165-1 in the performance of religious services and other official duties, as required. Commanders may not prohibit chaplains from wearing religious symbols that are part of the chaplain's duty uniform. (See AR 600-20, para 5-6g(7).)

(2) Soldiers may wear religious headgear while in uniform if the headgear meets the following criteria.

(a) It must be subdued in color (black, brown, green, dark or navy blue, or a combination of these colors).

(b) It must be of a style and size that can be completely covered by standard military headgear, and it cannot interfere with the proper wear or functioning of protective clothing or equipment.

(c) The headgear cannot bear any writing, symbols, or pictures.

(d) Personnel will not wear religious headgear in place of military headgear when military headgear is required (outdoors, or indoors when required for duties or ceremonies).

(3) Personal grooming. Hair and grooming practices are governed by paragraph 1-8 of this regulation, and

exceptions or accommodations based on religious practices will not be granted. As an exception, policy exceptions based on religious practice given to soldiers in accordance with AR 600–20 on or prior to 1 January 1986 remain in effect as long as the soldier remains otherwise qualified for retention.

1–8. Hair and fingernail standards and grooming policies

a. Hair.

(1) General. The requirement for hair grooming standards is necessary to maintain uniformity within a military population. Many hairstyles are acceptable, as long as they are neat and conservative. It is not possible to address every acceptable hairstyle, or what constitutes eccentric or conservative grooming. Therefore, it is the responsibility of leaders at all levels to exercise good judgment in the enforcement of Army policy. All soldiers will comply with the hair, fingernail, and grooming policies while in any military uniform or while in civilian clothes on duty.

(a) Leaders will judge the appropriateness of a particular hairstyle by the appearance of headgear when worn.

Soldiers will wear headgear as described in the applicable chapters of this regulation. Headgear will fit snugly and comfortably, without distortion or excessive gaps. Hairstyles that do not allow soldiers to wear the headgear properly, or that interfere with the proper wear of the protective mask or other protective equipment, are prohibited.

(b) Extreme, eccentric, or trendy haircuts or hairstyles are not authorized. If soldiers use dyes, tints, or bleaches, they must choose those that result in natural hair colors. Colors that detract from a professional military appearance are prohibited. Therefore, soldiers should avoid using colors that result in an extreme appearance. Applied hair colors that are prohibited include, but are not limited to, purple, blue, pink, green, orange, bright (fire-engine) red, and fluorescent or neon colors. It is the responsibility of leaders to use good judgment in determining if applied colors are acceptable, based upon the overall effect on soldiers' appearance.

(c) Soldiers who have a texture of hair that does not part naturally may cut a part into the hair. The part will be one straight line, not slanted or curved, and will fall in the area where the soldier would normally part the hair. Soldiers will not cut designs into their hair or scalp.

(2) Male haircuts will conform to the following standards.

(a) The hair on top of the head must be neatly groomed. The length and bulk of the hair may not be excessive or present a ragged, unkempt, or extreme appearance. The hair must present a tapered appearance. A tapered appearance is one where the outline of the soldier's hair conforms to the shape of the head, curving inward to the natural termination point at the base of the neck. When the hair is combed, it will not fall over the ears or eyebrows, or touch the collar, except for the closely cut hair at the back of the neck. The block-cut fullness in the back is permitted to a moderate degree, as long as the tapered look is maintained. In all cases, the bulk or length of hair may not interfere with the normal wear of headgear (see para 1–8a(1)(a), above) or protective masks or equipment. Males are not authorized to wear braids, cornrows, or dreadlocks (unkempt, twisted, matted, individual parts of hair) while in uniform or in civilian clothes on duty. Hair that is clipped closely or shaved to the scalp is authorized.

(b) Males will keep sideburns neatly trimmed. Sideburns may not be flared; the base of the sideburn will be a clean-shaven, horizontal line. Sideburns will not extend below the lowest part of the exterior ear opening.

(c) Males will keep their face clean-shaven when in uniform or in civilian clothes on duty. Mustaches are permitted; if worn, males will keep mustaches neatly trimmed, tapered, and tidy. Mustaches will not present a chopped off or bushy appearance, and no portion of the mustache will cover the upper lip line or extend sideways beyond a vertical line drawn upward from the corners of the mouth (see figure 1–1). Handlebar mustaches, goatees, and beards are not authorized. If appropriate medical authority prescribes beard growth, the length required for medical treatment must be specified. For example, "The length of the beard will not exceed 1/4 inch" (see TB MED 287). Soldiers will keep the growth trimmed to the level specified by appropriate medical authority, but they are not authorized to shape the growth into goatees, or "Fu Manchu" or handlebar mustaches.



Figure 1-1. Wear of mustache

Figure 1-1. Wear of mustache

(d) Males are prohibited from wearing wigs or hairpieces while in uniform or in civilian clothes on duty, except to cover natural baldness or physical disfiguration caused by accident or medical procedure. When worn, wigs or hairpieces will conform to the standard haircut criteria as stated in 1-8a(2)(a), above.

(3) Female haircuts will conform to the following standards.

(a) Females will ensure their hair is neatly groomed, that the length and bulk of the hair are not excessive, and that the hair does not present a ragged, unkempt, or extreme appearance. Likewise, trendy styles that result in shaved portions of the scalp (other than the neckline) or designs cut into the hair are prohibited. Females may wear braids and cornrows as long as the braided style is conservative, the braids and cornrows lie snugly on the head, and any hairholding devices comply with the standards in 1-8a(3)(d) below. Dreadlocks (unkempt, twisted, matted individual parts of hair) are prohibited in uniform or in civilian clothes on duty. Hair will not fall over the eyebrows or extend below the bottom edge of the collar at any time during normal activity or when standing in formation. Long hair that falls naturally below the bottom edge of the collar, to include braids, will be neatly and inconspicuously fastened or pinned, so no free-hanging hair is visible. This includes styles worn with the physical fitness uniform/improved physical fitness uniform (PFU/IPFU).

(b) Styles that are lopsided or distinctly unbalanced are prohibited. Ponytails, pigtails, or braids that are not secured to the head (allowing hair to hang freely), widely spaced individual hanging locks, and other extreme styles that protrude from the head are prohibited. Extensions, weaves, wigs, and hairpieces are authorized; however, these additions must have the same general appearance as the individual's natural hair. Additionally, any wigs, extensions, hairpieces, or weaves must comply with the grooming policies set forth in this paragraph.

(c) Females will ensure that hairstyles do not interfere with proper wear of military headgear and protective masks or equipment at any time (see 1–8a(1)(a), above). When headgear is worn, the hair will not extend below the bottom edge of the front of the headgear, nor will it extend below the bottom edge of the collar.

(d) Hair-holding devices are authorized only for the purpose of securing the hair. Soldiers will not place hairholding devices in the hair for decorative purposes. All hair-holding devices must be plain and of a color as close to the soldier's hair as is possible or clear. Authorized devices include, but are not limited to, small, plain scrunchies (elastic hair bands covered with material), barrettes, combs, pins, clips, rubber bands, and hair bands. Devices that are conspicuous, excessive, or decorative are prohibited. Some examples of prohibited devices include, but are not limited to, large, lacy scrunchies; beads, bows, or claw clips; clips, pins, or barrettes with butterflies, flowers, sparkles, gems, or scalloped edges; and bows made from hairpieces.

(e) Soldiers may not wear hairnets unless they are required for health or safety reasons, or in the performance of duties (such as those of a cook). No other type of hair covering is authorized in lieu of the hairnet. The commander will provide the hairnet to the soldier at no cost.

b. Cosmetics.

(1) General. As with hairstyles, the requirement for standards regarding cosmetics is necessary to maintain uniformity and to avoid an extreme or unmilitary appearance. Males are prohibited from wearing cosmetics, to include nail polish. Females are authorized to wear cosmetics with all uniforms, provided they are applied conservatively and in good taste and complement the uniform. Leaders at all levels must exercise good judgment in the enforcement of this policy.

(a) Females may wear cosmetics if they are conservative and complement the uniform and their complexion. Eccentric, exaggerated, or trendy cosmetic styles and colors, to include makeup designed to cover tattoos, are inappropriate with the uniform and are prohibited. Permanent makeup, such as eyebrow or eyeliner, is authorized as long as the makeup conforms to the standards outlined above.

(b) Females will not wear shades of lipstick and nail polish that distinctly contrast with their complexion, that detract from the uniform, or that are extreme. Some examples of extreme colors include, but are not limited to, purple, gold, blue, black, white, bright (fire-engine) red, khaki, camouflage colors, and fluorescent colors. Soldiers will not apply designs to nails or apply two-tone or multi-tone colors to nails.

(2) Females will comply with the cosmetics policy while in any military uniform or while in civilian clothes on duty.

c. Fingernails. All personnel will keep fingernails clean and neatly trimmed. Males will keep nails trimmed so as not to extend beyond the fingertip. Females will not exceed a nail length of 1/4 inch, as measured from the tip of the finger. Females will trim nails shorter if the commander determines that the longer length detracts from the military image, presents a safety concern, or interferes with the performance of duties.

d. Hygiene and body grooming. Soldiers will maintain good personal hygiene and grooming on a daily basis and wear the uniform so as not to detract from their overall military appearance.

e. Tattoo policy

(1) Tattoos or brands that are visible in a class A uniform (worn with slacks/trousers) are prohibited.

(2) Tattoos or brands that are extremist, indecent, sexist, or racist are prohibited, regardless of location on the body, as they are prejudicial to good order and discipline within units.

(a) Extremist tattoos or brands are those affiliated with, depicting, or symbolizing extremist philosophies, organizations, or activities. Extremist philosophies, organizations, and activities are those which advocate racial, gender or ethnic hatred or intolerance; advocate, create, or engage in illegal discrimination based on race, color, gender, ethnicity, religion, or national origin; or advocate violence or other unlawful means of depriving individual rights under the U.S. Constitution, Federal, or State law (see para 4–12, AR 600–20).

(b) Indecent tattoos or brands are those that are grossly offensive to modesty, decency, or propriety; shock the moral sense because of their vulgar, filthy, or disgusting nature or tendency to incite lustful thought; or tend reasonably to corrupt morals or incite libidinous thoughts.

(c) Sexist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on gender, but that may not meet the same definition of “indecent.”

(d) Racist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on race, ethnicity, or national origin.

(3) Counseling requirements.

(a) Commanders will ensure soldiers understand the tattoo policy.

(b) For soldiers who are not in compliance, commanders may not order the removal of a tattoo or brand. However, the commander must counsel soldiers, and afford them the opportunity to seek medical advice about removal or alteration of the tattoo or brand.

(4) If soldiers are not in compliance with the policy, and refuse to remove or alter the tattoos or brands, commanders

will:

(a) Ensure the soldier understands the policy.

(b) Ensure the soldier has been afforded the opportunity to seek medical advice about removal or alteration.

(c) Counsel the soldier in writing. The counseling form will state that the soldier's refusal to remove extremist, indecent, sexist, or racist tattoos or brands anywhere on the body, or refusal to remove any type of tattoo or brand visible in the class A uniform (worn with slacks/trousers), will result in discharge.

(5) Existing tattoos or brands on the hands that are not extremist, indecent, sexist, or racist, but are visible in the class A uniform (worn with slacks/trousers) are authorized for current soldiers only. This "grandfather" provision does not apply to soldiers enlisting as of the effective date of this regulation.

(6) Finality of determination.

(a) Recruiting battalion commanders or recruiting battalion executive officers will make initial entry determinations that tattoos or brands comply with this policy. This authority will not be delegated further.

(b) Unit commanders or unit executive officers will make determinations for soldiers currently on active duty. This authority will not be delegated further.

(c) Determinations will be fully documented in writing, and will include a description of existing tattoos or brands and their location on the body. A copy of the determination will be provided to the soldier. Unless otherwise directed by the Army Deputy Chief of Staff, G-1, these determinations are final. If a tattoo or brand is discovered to violate this policy after an initial determination has been documented, commanders must submit requests for an exception to policy or for discharge of the soldier through their chain of command to the Army Deputy Chief of Staff, G-1, for approval.

(7) Soldiers may not cover tattoos or brands in order to comply with the tattoo policy.

1-9. Uniform appearance and fit

a. Appearance.

(1) All personnel will maintain a high standard of dress and appearance. Uniforms will fit properly; trousers, pants, or skirts should not fit tightly; and personnel must keep uniforms clean and serviceable and press them as necessary. Soldiers must project a military image that leaves no doubt that they live by a common military standard and are responsible to military order and discipline. Soldiers will ensure that articles carried in pockets, such as wallets, checkbooks, combs, and keys, do not protrude from the pocket or present a bulky appearance.

(2) Wear of items on uniforms.

(a) When required and prescribed by the commander, soldiers may attach keys or key chains to the uniform when performing duties such as charge of quarters, armorer, duty officer/NCO, or other duties as prescribed by the commander. Keys or key chains will be attached to the uniform on the belt, belt loops, or waistband.

(b) At the discretion of the commander, and when required in the performance of duties listed above, soldiers may wear an electronic device on the belt, belt loops, or waistband of the uniform. Only one electronic device may be worn; it may be either a pager or a cell phone. The body of the device may not exceed 4x2x1 inches, and the device and carrying case must be black; no other colors are authorized. If security cords or chains are attached to the device, soldiers will conceal the cord or chain from view. Other types of electronic devices are not authorized for wear on the uniform. If the commander issues and requires the use of other electronic devices in the performance of duties, the soldier will carry them in the hand, pocket, briefcase, purse, bag, or in some other carrying container.

(c) Soldiers will not wear keys, key chains, or electronic devices on the uniform when the commander determines such wear is inappropriate, such as in formation, or during parades or ceremonies. Soldiers will not wear items or devices on the uniform when not performing required duties.

(3) While in uniform, personnel will not place their hands in their pockets, except momentarily to place or retrieve objects. Soldiers will keep uniforms buttoned, zipped, and snapped. They will ensure metallic devices such as metal insignia, belt buckles, and belt tips are free of scratches and corrosion and are in proper luster or remain properly subdued, as applicable; and that all medals and ribbons are clean and not frayed. Personnel will keep shoes and boots cleaned and shined. Soldiers will replace the insignia listed in AR 700-84, paragraph 5-5, when it becomes unserviceable or no longer conforms to standards.

(4) Lapels and sleeves of service, dress, and mess coats and jackets will be roll-pressed, without creasing. Skirts will not be creased. Trousers, slacks, and the sleeves of shirts and blouses will be creased. Soldiers may add military creases to the AG shade 415 shirt and the BDU coat (not the field jacket). Personnel will center the front creases on each side of the shirt, centered on the pockets, for those garments that have front pockets. Soldiers may press a horizontal crease across the upper back of the shirt or coat (not necessary on the male shirt due to the yoke seam), and they may press three equally spaced vertical creases down the back, beginning at the yoke seam or the horizontal crease. Additionally, personnel may crease the sleeves of the battle dress uniform (BDU) coat. Personnel are not authorized to sew military creases into the uniform.

(5) Although some uniform items are made of wash-and-wear materials or are treated with a permanent-press finish, soldiers may need to press these items to maintain a neat, military appearance. However, before pressing uniform items, soldiers should read and comply with care instruction labels attached to the items. Soldiers may starch BDUs and the maternity work uniform, at their option. Commanders will not require soldiers to starch these uniforms, and soldiers will not receive an increase in their clothing replacement allowance to compensate for potential premature wear that may be caused by starching uniforms.

b. Fit. Fitting instructions and alterations of uniforms will be made in accordance with AR 700–84 and TM 10–227. The following is a summary of general fitting guidelines.

(1) Black all-weather coat.

(*a*) Males. The length of the sleeves of the all-weather coat will be 1/2 inch longer than the service coat. The bottom of the black all weather coat will reach to a point 1 1/2 inches below the center of the knee.

(*b*) Females. The length of the sleeves of the all-weather coat will be 1/2 inch longer than the service coat. The bottom of the coat will reach a point at least 1 inch below the skirt hem, but not less than 1 1/2 inches below the center of the knee.

(2) Uniform coats and jackets (male and female). The sleeve length will be 1 inch below the bottom of the wrist bone.

(3) Trousers and slacks.

(*a*) Trousers will be fitted and worn with the lower edge of the waistband at the top of the hipbone, plus or minus 1/2 inch. The front crease of the trousers will reach the top of the instep, touching the top of the shoe at the shoelaces. Trousers will be cut on a diagonal line to reach a point approximately midway between the top of the heel and the top of the standard shoe in the back. The trousers may have a slight break in the front.

(*b*) Slacks will be fitted and worn so that the center of the waistband is at the natural waistline. The front crease of the slacks will reach the top of the instep, touching the top of the foot or the shoe at the shoelaces. Slacks will be cut on a diagonal line to reach a point approximately midway between the top of the heel and the top of the standard shoe in the back. The slacks may have a slight break in the front.

(4) Knee-length skirts. Skirt lengths will be no more than 1 inch above or 2 inches below the center of the knee.

(5) Long-sleeved shirts. The sleeve length will extend to the center of the wrist bone.

(6) Other. Personnel will wear appropriate undergarments with all uniforms, in accordance with paragraph 27–28.

1–10. When the wear of the Army uniform is required or prohibited

a. All personnel will wear the Army uniform when on duty, unless granted an exception by the commander to wear civilian clothes. The wear of civilian clothing on duty is subject to the provisions of AR 700–84. The following personnel may grant exceptions:

(1) Commanders of major commands.

(2) Assistant Secretaries, the Secretary of Defense or his designee, or the Secretary of the Army.

(3) Heads of Department of Defense agencies.

(4) Heads of Department of the Army Staff agencies.

b. Personnel traveling on Air Mobility Command (AMC) and non-AMC flights on permanent change of station (PCS) orders, temporary duty (TDY), emergency leave, or space-available flights, are authorized to wear civilian clothes. Personnel must ensure clothing worn is appropriate for the occasion and reflects positively on the Army. (See Department of Defense Foreign Clearance Guide (DOD 4500.54–G)) for information concerning mandatory wear of civilian clothing in foreign countries. The individual’s travel orders will reflect information authorizing the wear of civilian clothing.)

c. Soldiers may wear the BDU when deploying as part of a unit move and the mode of transportation is for the exclusive use of the military. Embarkation and debarkation points will be in military-controlled areas.

d. Soldiers may wear optional uniform items with the class A and B service uniforms, as prescribed in this regulation. All uniform combinations are authorized for year-round wear. However, soldiers should use appropriate discretion based upon weather conditions and duties. Wearing combinations of uniform items not prescribed in this regulation or in other authorization documents approved by HQDA, is prohibited. Commanders will not prescribe seasonal wear dates for uniform items.

e. Wear of military and civilian items.

(1) The wear of a combination of civilian and military clothing is prohibited, unless prescribed in this regulation or other authorization documents approved by HQDA.

(2) Soldiers may carry civilian gym bags, civilian rucksacks, or other similar civilian bags while in uniform. Soldiers may carry these bags by hand, or on one shoulder using a shoulder strap. The bag must be carried on the same side of the body as the shoulder strap; therefore, soldiers may not carry the bag slung across the body with the strap over the opposite shoulder. If soldiers choose to carry a shoulder bag while in uniform, the bag must be black with no

other colors and may not have any logos. The contents of the bag may not be visible; therefore, see-through plastic or mesh bags are not authorized. Soldiers may not carry civilian bags over both shoulders unless they are riding a bicycle or motorcycle. Upon dismount, soldiers will revert to carrying the bag over one shoulder. There is no restriction on the color of civilian bags carried in the hand. These rules do not apply to purses, which are covered in chapter 27 of this regulation. Commanders govern the wear of organizational issue rucksacks in garrison and field environments.

f. Soldiers may continue to wear uniform items changed in design or material as long as the item remains in serviceable condition, unless specifically prohibited. (See appendix D for a list of possession and wear-out dates for uniform items.)

g. Civilian clothing is considered appropriate attire for individuals who are participating in civilian outdoor activities such as volksmarches, orienteering, or similar activities. Soldiers who are spectators at these activities may wear the service uniform. Soldiers who are participating in, or observing these events are not authorized to wear utility or field uniforms. However, commanders of participating units or of those units that provide support personnel, such as medical and traffic control personnel, may prescribe appropriate uniforms, to include utility or organizational uniforms, if warranted by the occasion, weather conditions, or activity.

h. Soldiers may wear experimental uniform items while actively engaged in an experimental uniform test program approved by HQ, U.S. Army Training and Doctrine Command (TRADOC), HQ, U.S. Army Materiel Command (AMC), or the Army Uniform Board, HQDA. Soldiers will not wear experimental items after completion of the test unless such wear is approved by HQDA.

i. Army National Guard technicians who are also members of the Army National Guard will wear the appropriate Army duty uniform while engaged in their civil service status.

j. Wearing Army uniforms is prohibited in the following situations:

- (1) In connection with the furtherance of any political or commercial interests, or when engaged in off-duty civilian employment.
- (2) When participating in public speeches, interviews, picket lines, marches, rallies, or public demonstrations, except as authorized by competent authority.
- (3) When attending any meeting or event that is a function of, or is sponsored by, an extremist organization.
- (4) When wearing the uniform would bring discredit upon the Army.
- (5) When specifically prohibited by Army regulations.

k. Soldiers will wear headgear with the Army uniform, except under the following circumstances:

- (1) Headgear is not required if it would interfere with the safe operation of military vehicles. The wear of military headgear is not required while in or on a privately owned vehicle (to include a motorcycle or bicycle), a commercial vehicle, or on public conveyance (such as a subway, train, plane, or bus).
- (2) Soldiers will not wear headgear indoors unless under arms in an official capacity, or when directed by the commander, such as for indoor ceremonial activities.
- (3) Male and female soldiers are not required to wear headgear to evening social events (after Retreat) when wearing the Army blue and white uniforms, the enlisted green dress uniform, the Army green maternity dress uniform (females only), or the mess and evening mess uniforms.
- (4) Soldiers will carry their headgear when it is not worn. Soldiers will not attach headgear to the uniform, hang it from the belt, or put it in a uniform pocket.

1-11. Uniformity of material

a. When soldiers exercise their option to choose among various fabrics authorized for uniforms, they must ensure that all garments (coats, trousers, skirts, and slacks) are made of the same material. However, personnel may wear garrison caps made of polyester-wool blend (AG shade 489) or all polyester (AG shade 491) interchangeably with service uniforms of either shade.

b. When gold lace (sleeve or trouser ornamentation) or gold bullion is prescribed for wear with uniforms, personnel may substitute gold-colored nylon, rayon, or synthetic metallic gold. If trouser and sleeve ornamentation is gold bullion, the cap ornamentation and shoulder strap insignia must also be gold bullion.

c. Ornamentation on the visors of all service caps will be gold bullion or synthetic metallic gold yarn, or anodized aluminum in 24-karat yellow-gold color.

d. Anodized aluminum white-gold colored buttons are not authorized for wear.

1-12. Distinctive uniforms and uniform items

a. The following uniform items are distinctive and will not be sold to or worn by unauthorized personnel:

- (1) All Army headgear, when worn with insignia.
- (2) Badges and tabs (identification, marksmanship, combat, and special skill).
- (3) Uniform buttons (U.S. Army or Corps of Engineers).

(4) Decorations, service medals, service and training ribbons, and other awards and their appurtenances.

(5) Insignia of any design or color that the Army has adopted.

b. Individuals will remove all distinctive items before disposing of unserviceable uniform items.

1-13. Wear of civilian clothing

a. Civilian clothing is authorized for wear when off duty, unless the wear is prohibited by the installation commander in CONUS or by the MACOM commander overseas. Commanders down to unit level may restrict the wear of civilian clothes by those soldiers who have had their pass privileges revoked, under the provisions of AR 600-8-10.

b. When on duty in civilian clothes, Army personnel will conform to the appearance standards in this regulation, unless specifically exempted by the commander for specific mission requirements.

1-14. Wear of jewelry

a. Soldiers may wear a wristwatch, a wrist identification bracelet, and a total of two rings (a wedding set is considered one ring) with Army uniforms, unless prohibited by the commander for safety or health reasons. Any jewelry soldiers wear must be conservative and in good taste. Identification bracelets are limited to medical alert bracelets and MIA/POW identification bracelets. Soldiers may wear only one item on each wrist.

b. No jewelry, other than that described in paragraph 1-14*a*, above, will appear exposed while wearing the uniform; this includes watch chains, or similar items, and pens and pencils. The only authorized exceptions are religious items described in para 1-7*b*, above; a conservative tie tack or tie clasp that male soldiers may wear with the black four-in-hand necktie; and a pen or pencil that may appear exposed on the hospital duty, food service, CVC, or flight uniforms.

c. Body piercing. When on any Army installation or other places under Army control, soldiers may not attach, affix, or display objects, articles, jewelry, or ornamentation to or through the skin while they are in uniform, in civilian clothes on duty, or in civilian clothes off duty (this includes earrings for male soldiers). The only exception is for female soldiers, as indicated in paragraph 1-14*d*, below. (The term "skin" is not confined to external skin, but includes the tongue, lips, inside the mouth, and other surfaces of the body not readily visible).

d. Females are authorized to wear prescribed earrings with the service, dress, and mess uniforms.

(1) Earrings may be screw-on, clip-on, or post-type earrings, in gold, silver, white pearl, or diamond. The earrings will not exceed 6 mm or 1/4 inch in diameter, and they must be unadorned and spherical. When worn, the earrings will fit snugly against the ear. Females may wear earrings only as a matched pair, with only one earring per ear lobe.

(2) Females are not authorized to wear earrings with any class C (utility) uniform (BDU, hospital duty, food service, physical fitness, field, or organizational).

(3) When on duty in civilian attire, female soldiers must comply with the specifications listed in (1) above when wearing earrings, unless otherwise authorized by the commander. When females are off duty, there are no restrictions on the wear of earrings.

e. Ankle bracelets, necklaces (other than those described in para 1-7*b*), faddish (trendy) devices, medallions, amulets, and personal talismans or icons are not authorized for wear in any military uniform, or in civilian clothes on duty.

1-15. Wear of eyeglasses, sunglasses, and contact lenses

a. Wear of eyeglasses and sunglasses.

(1) Conservative civilian prescription eyeglasses are authorized for wear with all uniforms.

(2) Conservative prescription and nonprescription sunglasses are authorized for wear when in a garrison environment, except when in formation and while indoors. Individuals who are required by medical authority to wear sunglasses for medical reasons other than refractive error may wear them, except when health or safety considerations apply. Soldiers may not wear sunglasses in the field, unless required by the commander for safety reasons in highglare, field environments.

(3) Restrictions on eyeglasses and sunglasses. Eyeglasses or sunglasses that are trendy, or have lenses or frames with initials, designs, or other adornments are not authorized for wear. Soldiers may not wear lenses with extreme or trendy colors, which include but are not limited to, red, yellow, blue, purple, bright green, or orange. Lens colors must be traditional gray, brown, or dark green shades. Personnel will not wear lenses or frames that are so large or so small that they detract from the appearance of the uniform. Personnel will not attach chains, bands, or ribbons to eyeglasses. Eyeglass restraints are authorized only when required for safety purposes. Personnel will not hang eyeglasses or eyeglass cases on the uniform, and may not let glasses hang from eyeglass restraints down the front of the uniform.

b. Restrictions on contact lenses. Tinted or colored contact lenses are not authorized for wear with the uniform. The only exception is for opaque lenses that are prescribed medically for eye injuries. Additionally, clear lenses that have designs on them that change the contour of the iris are not authorized for wear with the uniform.

1-16. Wear of identification tags and security badges

a. Identification (ID) tags. The wear of ID tags is governed by AR 600-8-14.

(1) Soldiers will wear ID tags at all times when in a field environment, while traveling in aircraft, and when outside the continental United States.

(2) Personnel will wear ID tags around the neck, except when safety considerations apply (such as during physical training).

b. Security identification badges. In restricted areas, commanders may prescribe the wear of security identification badges, in accordance with AR 600-8-14 and other applicable regulations. Personnel will not wear security identification badges outside the area for which they are required. Personnel will not hang other items from the security badge(s). The manner of wear will be determined by the organization that requires wear of the badges.

1-17. Wear of personal protective or reflective clothing

a. Protective headgear. Soldiers are authorized to wear commercially designed, protective headgear with the uniform when operating motorcycles, bicycles, or other like vehicles, and are required to do so when installation regulations mandate such wear. Personnel will remove protective headgear and don authorized Army headgear upon dismounting from the vehicle.

b. Protective/reflective clothing. Soldiers may wear protective/reflective outer garments with uniforms when safety considerations make it appropriate and when authorized by the commander.

1-18. Wear of organizational protective or reflective clothing

When safety considerations apply, commanders may require the wear of organizational protective or reflective items, or other occupational health or safety equipment, with the uniform (such as during physical fitness training). If required, commanders will furnish protective or reflective clothing to soldiers at no cost.

1-19. Restrictions on the purchase, possession, and reproduction of heraldic items

a. The heraldic items listed below are authorized for purchase and possession. Variations from the prescribed specifications for these heraldic items are not permitted without the prior approval of The Institute of Heraldry (TIOH), U.S. Army.

(1) All insignia approved by HQDA.

(2) Appurtenances and devices for attachment to decorations, service medals, and ribbons.

(3) Miniature replicas of decorations, service medals, and ribbons.

(4) Oversize replicas of decorations and service medals for grave markers only. These replicas must be at least twice the size prescribed for the decoration or service medal.

(5) Ribbons pertaining to decorations and service medals.

(6) Unit award emblems, fourrageres, and the orange lanyard.

(7) Combat, special skill, and marksmanship badges, including miniatures and dress miniatures.

(8) Identification badges.

(9) Rosettes and lapel buttons.

b. The heraldic items listed below are not authorized for purchase.

(1) Medal of Honor.

(2) Items incorporating designs or the likeness of decorations, service medals, and service ribbons.

c. Possession, wear, and other uses of heraldic items.

(1) The possession of any of the items listed in paragraph 1-19*a*, above, or elsewhere in this regulation is authorized. The wear of any HQDA-prescribed decoration, service medal, badge, service ribbon, lapel button, or insignia by persons not authorized to do so, or their use of such items to defraud or to misrepresent their identification or status, is prohibited. Persons violating this provision are subject to punishment under the statutes listed in sections 701 and 704, title 18, U.S. Code (18 USC 701, 704).

(2) No organization, society, or other group of persons may use any of the articles or imitations specified in paragraph 1-19*a*, above, or elsewhere in this regulation without written approval of the Secretary of the Army.

d. Reproductions of heraldic items.

(1) The heraldic items listed in paragraph 1-19*a*, above, may not be reproduced, except as prescribed in AR 672-8.

(2) Certain designs, the likeness of insignia, and specified badges, such as combat, special skill, and marksmanship, may be incorporated in articles manufactured for sale, provided The Institute of Heraldry has granted permission in writing.